Wednesday --- Entrees ---

Friday

Chef Salad MS/HS Carbs: 56

* Soybeans, Eggs, Wheat

Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat

Buffalo Chicken Cheese Steak

Carbs: 50 * Milk, Soybeans, Eggs, Wheat

Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat

SMUCKER 5.3 OZ UNCRUSTABLE PEANUT **BUTTER AND GRAPE TWP**

> Carbs: 64 * Peanuts, Wheat

Turkey Hoagie MS/HS

Carbs: 45 * Milk, Soybeans, Wheat

Cheeseburger

Carbs: 31 * Milk, Soybeans, Wheat

Chicken Caesar Salad MS/HS

Carbs: 39 * Soybeans, Wheat

Cajun Chicken Pasta

Carbs: 31 * Milk. Wheat

Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat - - -

--- Entrees ---

Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat

Pizza, BIG DADDY'S™ Bold Cheese (8 slices)

Carbs: 43

* Milk, Soybeans, Wheat

Chicken Caesar Wrap Carbs: 57

* Milk, Fish, Soybeans, Eggs, Wheat

Buffalo Chicken Cheese Steak

Carbs: 50 * Milk, Soybeans, Eggs, Wheat

- - -

Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat

SMUCKER 5.3 OZ UNCRUSTABLE PEANUT **BUTTER AND GRAPE TWP**

> Carbs: 64 * Peanuts, Wheat

> > - - -

Turkey Hoagie MS/HS Carbs: 45

* Milk, Soybeans, Wheat

Cheeseburger Carbs: 31

* Milk, Soybeans, Wheat

Chicken Caesar Salad MS/HS

> Carbs: 39 * Soybeans, Wheat - - -

> > Page 1 of 2

Entrees	Entrees
Chicken Patty Carbs: 39	Italian Hoagie MS/HS Carbs: 43
* Soybeans, Wheat	* Milk, Soybeans, Wheat
Sides	Chicken Patty Carbs: 39
Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	* Soybeans, Wheat
	Sides
Italian Green Beans ES/MS Carbs: 1	Strawberries with Whipped Topping Carbs: 40
Sidekicks Frozen	* Milk
BlueRaspberry-Lemon Carbs: 23	Carrots, Baby, Fresh,
	Individually Wrapped Carbs: 6
Assorted Fresh Fruit	
	Romaine Boats
Cherry Tomato Cup Carbs: 3	Carbs: 10 * Soybeans, Wheat
Biscuit, Baked Easy Split WG 2oz MS/HS TWP	Assorted Fresh Fruit
Carbs: 22 * Milk, Wheat	Roasted Chickpeas ES/MS Carbs: 24
Milk	Milk
Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free
Milk, Chocolate, Non-fat, With Added Vitamin A and	Carbs: 34 Milk, Chocolate, Non-fat,
Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free	With Added Vitamin D Carbs: 34 * Milk
* Milk	Milk, Lactose and Fat Free * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk

Friday

Wednesday

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56	Chef Salad MS/HS Carbs: 56
* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat
Chicken Caesar Wrap Carbs: 57	Chicken Caesar Wrap Carbs: 57	Chicken Caesar Wrap Carbs: 57	Bacon Cheeseburger Carbs: 30	Chicken Caesar Wrap Carbs: 57
* Milk, Fish, Soybeans, Eggs, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat	* Soybeans, Wheat	* Milk, Fish, Soybeans, Eggs, Wheat
			Chicken Caesar Wrap	
Buffalo Chicken Cheese	Buffalo Chicken Cheese	Buffalo Chicken Cheese	Carbs: 57	Buffalo Chicken Cheese
Steak	Steak	Steak	* Milk, Fish, Soybeans,	Steak
Carbs: 50 * Milk, Soybeans, Eggs,	Carbs: 50 * Milk, Soybeans, Eggs,	Carbs: 50 * Milk, Soybeans, Eggs,	Eggs, Wheat	Carbs: 50 * Milk, Soybeans, Eggs,
Wheat	Wheat	Wheat		Wheat
			Buffalo Chicken Cheese Steak	
Spicy Chicken Patty	Spicy Chicken Patty	Spicy Chicken Patty	Carbs: 50	Spicy Chicken Patty
Carbs: 26	Carbs: 26	Carbs: 26	* Milk, Soybeans, Eggs,	Carbs: 26
* Soybeans, Wheat	* Soybeans, Wheat	* Soybeans, Wheat	Wheat	* Soybeans, Wheat
Penne Alfredo	Nachos Bell Grande (w/ beef	SMUCKER 5.3 OZ	Spicy Chicken Patty	SMUCKER 5.3 OZ
Carbs: 51	crumbles)	UNCRUSTABLE PEANUT	Carbs: 26	UNCRUSTABLE PEANUT
* Milk	Carbs: 7	BUTTER AND GRAPE TWP	* Soybeans, Wheat	BUTTER AND GRAPE TWP
	* Soybeans, Wheat	Carbs: 64		Carbs: 64
SMUCKER 5.3 OZ		* Peanuts, Wheat	SMUCKER 5.3 OZ	* Peanuts, Wheat
UNCRUSTABLE PEANUT	SMUCKER 5.3 OZ		UNCRUSTABLE PEANUT	
BUTTER AND GRAPE TWP	UNCRUSTABLE PEANUT	Turkey Hoagie MS/HS	BUTTER AND GRAPE TWP	Turkey Hoagie MS/HS
Carbs: 64	BUTTER AND GRAPE TWP	Carbs: 45	Carbs: 64	Carbs: 45
* Peanuts, Wheat	Carbs: 64	* Milk, Soybeans, Wheat	* Peanuts, Wheat	* Milk, Soybeans, Wheat
	* Peanuts, Wheat			
Turkov Hoogio MC/HC		Chanaburgar	Turkov Hoogio MS/HS	Chanachurgar
Turkey Hoagie MS/HS Carbs: 45	Turkey Hoagie MS/HS	Cheeseburger Carbs: 31	Turkey Hoagie MS/HS Carbs: 45	Cheeseburger Carbs: 31
* Milk, Soybeans, Wheat	Carbs: 45	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat
	* Milk, Soybeans, Wheat			
Cheeseburger		Chicken Caesar Salad	Cheeseburger	Chicken Caesar Salad
Carbs: 31	Cheeseburger	MS/HS	Carbs: 31	MS/HS
* Milk, Soybeans, Wheat	Carbs: 31 * Milk, Soybeans, Wheat	Carbs: 39 * Soybeans, Wheat	* Milk, Soybeans, Wheat	Carbs: 39 * Soybeans, Wheat
		Joybeans, Wheat		
Chicken Caesar Salad			Chicken Caesar Salad	
MS/HS	Chicken Caesar Salad	General's Chicken	MS/HS	Italian Hoagie MS/HS
Carbs: 39	MS/HS	Carbs: 26	Carbs: 39	Carbs: 43
* Soybeans, Wheat	Carbs: 39	* Milk, Soybeans, Wheat	* Soybeans, Wheat	* Milk, Soybeans, Wheat
	* Soybeans, Wheat			
Italian Hoagie MS/HS		Italian Hoagie MS/HS	Italian Hoagie MS/HS	Jake's Pizza
Carbs: 43		Carbs: 43	Carbs: 43	* Milk, Soybeans, Wheat
* Milk, Soybeans, Wheat		* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat
Sides	Chicken Patty	Sides	Sides	Sides
Italian Green Beans ES/MS Carbs: 1 Apricots, Canned, Light Syrup Pack TWP Carbs: 21 Assorted Canned Fruit Tossed Salad Carbs: 6 Assorted Fresh Fruit Garlic Bread Carbs: 15 * Soybeans, Wheat Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added	Chicken Patty Carbs: 39 * Soybeans, Wheat Sides CORN, KERNEL YELLOW FROZEN Carbs: 32 Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 Assorted Canned Fruit Assorted Fresh Fruit Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22 CHEESE, Queso Blanco TWP Carbs: 1 * Milk	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 Assorted Canned Fruit Assorted Fresh Fruit Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 Soy Glazed Green Beans Carbs: 5 * Soybeans ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23 Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free	Baked Bean Supreme Carbs: 35 Onion Ring Assorted Canned Fruit Assorted Fresh Fruit Sautéed Cinnamon Pears Carbs: 22 Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D	Cranapple Spinach Salad ES/MS Carbs: 31 * Wheat Assorted Canned Fruit Carrots & Celery Carbs: 7 * Milk, Eggs Assorted Fresh Fruit Apple Pie Fruit Salad Carbs: 19 Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D		* Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Carbs: 12 * Milk 	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Carbs: 12 * Milk 		Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk		

Tuesday

--- Milk ---

Milk, Strawberry, Fat Free *Carbs: 34*

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D

Carbs: 34
* Milk

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12

* Milk

Milk, Low-fat (1%), With Added Vitamin A and

Vitamin D

Carbs: 12

* Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Chef Salad MS/HS	Chef Salad MS/HS	Chef Salad MS/HS	Chef Salad MS/HS	Chef Salad MS/HS
Carbs: 56	Carbs: 56	Carbs: 56	Carbs: 56	Carbs: 56
* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat
= = =	= = =	= = =	= = =	= = =
Egg and Cheese on a Bagel	Tacos	Chicken Caesar Wrap	Chicken Caesar Wrap	Chicken Caesar Wrap
MS/HS	Carbs: 25	Carbs: 57	Carbs: 57	Carbs: 57
Carbs: 57		* Milk, Fish, Soybeans,	* Milk, Fish, Soybeans,	* Milk, Fish, Soybeans,
* Milk, Soybeans, Eggs,	- 	Eggs, Wheat	Eggs, Wheat	Eggs, Wheat
Tree Nuts, Wheat	Chicken Caesar Wrap			
	Carbs: 57			
01:1 0 14	* Milk, Fish, Soybeans,	Buffalo Chicken Cheese	Buffalo Chicken Cheese	Pizza, BIG DADDY'S™ Bold
Chicken Caesar Wrap	Eggs, Wheat	Steak	Steak	Cheese (8 slices)
Carbs: 57		* Milk Southoons Eggs	* Milk Soupeone Eggs	Carbs: 43
* Milk, Fish, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Eggs, Wheat	* Milk, Soybeans, Wheat
	Steak	•	vvileat	
	Carbs: 50			Buffalo Chicken Cheese
Buffalo Chicken Cheese	* Milk, Soybeans, Eggs,	Spicy Chicken Patty	Spicy Chicken Patty	Steak
Steak	Wheat	Carbs: 26	Carbs: 26	Carbs: 50
Carbs: 50		* Soybeans, Wheat	* Soybeans, Wheat	* Milk, Soybeans, Eggs,
* Milk, Soybeans, Eggs,	Spicy Chicken Patty			Wheat
Wheat	Carbs: 26	SMUCKER 5.3 OZ	SMUCKER 5.3 OZ	
	* Soybeans, Wheat	UNCRUSTABLE PEANUT	UNCRUSTABLE PEANUT	Spicy Chicken Patty
Spicy Chicken Patty	= = =	BUTTER AND GRAPE TWP	BUTTER AND GRAPE TWP	Carbs: 26
Carbs: 26	014101/50 5 0 07	Carbs: 64	Carbs: 64	* Soybeans, Wheat
* Soybeans, Wheat	SMUCKER 5.3 OZ	* Peanuts, Wheat	* Peanuts, Wheat	
	UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP			SMUCKER 5.3 OZ
SMUCKER 5.3 OZ	Carbs: 64	Turkey Hoagie MS/HS	Turkey Hoagie MS/HS	UNCRUSTABLE PEANUT
UNCRUSTABLE PEANUT	* Peanuts, Wheat	Carbs: 45	Carbs: 45	BUTTER AND GRAPE TWP
BUTTER AND GRAPE TWP		* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	Carbs: 64
Carbs: 64				* Peanuts, Wheat
* Peanuts, Wheat	Turkey Hoagie MS/HS			
	Carbs: 45	Cheeseburger	Cheeseburger	T
Turkey Hearin MC/HC	* Milk, Soybeans, Wheat	Carbs: 31	Carbs: 31	Turkey Hoagie MS/HS
Turkey Hoagie MS/HS Carbs: 45		* Milk, Soybeans, Wheat	* Milk, Soybeans, Wheat	Carbs: 45 * Milk, Soybeans, Wheat
* Milk, Soybeans, Wheat	Cheeseburger			
	Carbs: 31	Chicken Caesar Salad	Asian Take Out	
- 	* Milk, Soybeans, Wheat	MS/HS	Carbs: 20	Cheeseburger
Cheeseburger		Carbs: 39	* Soybeans, Eggs, Wheat	Carbs: 31
Carbs: 31	Chicken Caesar Salad	* Soybeans, Wheat		* Milk, Soybeans, Wheat
* Milk, Soybeans, Wheat	MS/HS		Chicken Caesar Salad	
	Carbs: 39	French Toast Sticks, Whole	MS/HS	Chicken Caesar Salad
Chicken Caesar Salad	* Soybeans, Wheat	Grain (approx. 140-150	Carbs: 39	MS/HS
MS/HS		pieces)	* Soybeans, Wheat	Carbs: 39
Carbs: 39		Carbs: 42		* Soybeans, Wheat
* Soybeans, Wheat	Shredded Chicken Tinga	* Milk, Soybeans, Eggs,	Italian Haggie MC/IIC	
	Carbs: 4	Wheat	Italian Hoagie MS/HS	
			Carbs: 43 * Milk, Soybeans, Wheat	
			wink, Coybeans, Wheat	

Monday	Tuesday	Wednesday	Thursday	Friday
Entrees	Entrees	Entrees	Entrees	Entrees
Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat
Chicken Patty Carbs: 39 * Soybeans, Wheat Sides Baked Apples Carbs: 19 * Soybeans	Chicken Patty Carbs: 39 * Soybeans, Wheat Sides RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	Chicken Patty Carbs: 39 * Soybeans, Wheat Sides PEAR, SLICED 80-90 COUNT IN EXTRA LIGHT- SYRUP SHELF STABLE C Carbs: 14	Sides Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23	Chicken Patty Carbs: 39 * Soybeans, Wheat Sides Justine's Apple Crumb Dessert Carbs: 46
McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13 Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Mexicali Corn TWP Carbs: 26 * Wheat Black Bean and Corn Salad Carbs: 28 Assorted Canned Fruit	McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13 Assorted Canned Fruit Assorted Fresh Fruit	Assorted Canned Fruit Cucumbers w/ Dip ES/MS Carbs: 4 * Milk, Eggs Assorted Fresh Fruit	Roasted Chickpeas ES/MS Carbs: 24 Romaine Boats Carbs: 10 * Soybeans, Wheat Assorted Canned Fruit
APPLESAUCE, PEACH UNSWEETENED SS PLASTIC CUP Carbs: 14 Assorted Canned Fruit	Assorted Fresh Fruit Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat,	SAUSAGE, TURKEY LINK 1.03 OZ MILD SKINLESS CKD FZN TWP Milk	SFS MINH WHOLE GRAIN VEGETABLE FRIED RICE NET WT 30.98LBS 6 Carbs: 54 * Soybeans, Wheat	Assorted Fresh Fruit Milk Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat,
Assorted Fresh Fruit	With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin D Carbs: 12 * Milk		With Added Vitamin A and Vitamin D Carbs: 34 * Milk Milk, Lactose and Fat Free * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Monday

--- Milk ---

Milk, Strawberry, Fat Free *Carbs: 34*

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12

* Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12

* Milk

-

Thursday --- Milk ---

Milk, Strawberry, Fat Free Carbs: 34

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12

* Milk

Monday	Tuesday	Wednesday	Thursday
Entrees	Entrees	Entrees	Entrees
Chef Salad MS/HS	Chef Salad MS/HS	Chef Salad MS/HS	Chef Salad MS/HS
Carbs: 56	Carbs: 56	Carbs: 56	Carbs: 56
* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat	* Soybeans, Eggs, Wheat
Chicken Caesar Wrap	Buffalo Chicken Walking	Chicken Caesar Wrap	Mozzarella Sticks WG Oven
Carbs: 57	Taco	Carbs: 57	Ready Breaded
* Milk, Fish, Soybeans,	Carbs: 31	* Milk, Fish, Soybeans,	Carbs: 33
Eggs, Wheat	* Milk	Eggs, Wheat	* Milk, Wheat
Buffalo Chicken Cheese	Chicken Caesar Wrap	Buffalo Chicken Cheese	Chicken Caesar Wrap
Steak Carbs: 50	Carbs: 57 * Milk, Fish, Soybeans,	Steak Carbs: 50	Carbs: 57 * Milk, Fish, Soybeans,
* Milk, Soybeans, Eggs,	Eggs, Wheat	* Milk, Soybeans, Eggs,	Eggs, Wheat
Wheat		Wheat	
	Buffalo Chicken Cheese		Buffalo Chicken Cheese
Spicy Chicken Patty	Steak	Spicy Chicken Patty	Steak
Carbs: 26	Carbs: 50	Carbs: 26	Carbs: 50
* Soybeans, Wheat	* Milk, Soybeans, Eggs, Wheat	* Soybeans, Wheat	* Milk, Soybeans, Eggs, Wheat
	vvii c at		vviicat
SMUCKER 5.3 OZ		Chicken Bacon Flatbread	
UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP	Spicy Chicken Patty Carbs: 26	Carbs: 6 * Milk, Wheat	Spicy Chicken Patty Carbs: 26
Carbs: 64	* Soybeans, Wheat		* Soybeans, Wheat
* Peanuts, Wheat		SMUCKER 5.3 OZ	
	SMUCKER 5.3 OZ	UNCRUSTABLE PEANUT	SMUCKER 5.3 OZ
Turkey Hoagie MS/HS	UNCRUSTABLE PEANUT	BUTTER AND GRAPE TWP	UNCRUSTABLE PEANUT
Carbs: 45	BUTTER AND GRAPE TWP	Carbs: 64	BUTTER AND GRAPE TWP
* Milk, Soybeans, Wheat	Carbs: 64 * Peanuts, Wheat	* Peanuts, Wheat	Carbs: 64 * Peanuts, Wheat
			realiuts, Wileat
Cheeseburger		Turkey Hoagie MS/HS	
Carbs: 31 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45	Carbs: 45 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45
	* Milk, Soybeans, Wheat		* Milk, Soybeans, Wheat
Chicken Caesar Salad		Chicken Caesar Salad	
MS/HS	Chicken Caesar Salad	MS/HS	Cheeseburger
Carbs: 39	MS/HS	Carbs: 39	Carbs: 31
* Soybeans, Wheat	Carbs: 39	* Soybeans, Wheat	* Milk, Soybeans, Wheat
	* Soybeans, Wheat		
Grilled Cheese		Cheeseburger	Chicken Caesar Salad
* Milk Soyboons Wheat	Seasoned Baked Chicken	* Milk Soyboons Wheat	MS/HS Carbs: 39
* Milk, Soybeans, Wheat	Carbs: 1 * Milk, Soybeans	* Milk, Soybeans, Wheat	* Soybeans, Wheat
Italian Hoagie MS/HS Carbs: 43		Italian Hoagie MS/HS Carbs: 43	
* Milk, Soybeans, Wheat		* Milk, Soybeans, Wheat	

Monday	Tuesday	Wednesday	Thursday
Entrees	Entrees	Entrees	Entrees
Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat
Sides	Chicken Patty Carbs: 39	Sides	Chicken Patty Carbs: 39
Fruit Cocktail, Canned, Extra Light Syrup Carbs: 7	* Soybeans, Wheat	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	* Soybeans, Wheat
	Sides		Sides
Assorted Canned Fruit Ore Ida® Reduced Sodium	Mashed, Loaded Potatoes, Idahoan RED SOD Carbs: 19 * Milk, Soybeans	Chickpea Salad Carbs: 8	Tossed Salad Carbs: 6
Tater Tots® 6x5 LBS Carbs: 17		Sidekicks Frozen BlueRaspberry-Lemon	Assorted Canned Fruit
 Assorted Fresh Fruit	Strawberries with Whipped Topping Carbs: 40	Carbs: 23 Assorted Canned Fruit	Cherry Tomato Cup
	* Milk		
Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs	 Assorted Canned Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Campbell's Classic Condensed Tomato Soup	Assorted Fresh Fruit	Cheesy Green Peas Carbs: 5	CRAISINS CHERRY FLAVORED POUCH Carbs: 28
TWP	Roasted Broccoli		
Carbs: 20 * Wheat	Carbs: 7	Milk	Milk
	 Biscuit, Baked Easy Split	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
Milk	WG 2oz MS/HS TWP Carbs: 22	Milk, Chocolate, Non-fat, With Added Vitamin A and	Milk, Chocolate, Non-fat, With Added Vitamin A and
Milk, Strawberry, Fat Free Carbs: 34	* Milk, Wheat 	Vitamin D Carbs: 34 * Milk	Vitamin D Carbs: 34 * Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34		Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
* Milk		Milk, Non-fat, With Added Vitamin A and Vitamin D	Milk, Non-fat, With Added Vitamin A and Vitamin D
Milk, Lactose and Fat Free * Milk		Carbs: 12 * Milk	Carbs: 12 * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk		Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk		* Milk	* Milk

- - -

Tuesday

--- Milk ---

Milk, Strawberry, Fat Free *Carbs: 34*

Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D

Carbs: 34
* Milk

Milk, Lactose and Fat Free

* Milk

Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12

* Milk

Milk, Low-fat (1%), With Added Vitamin A and

Vitamin D

Carbs: 12

* Milk
